

## SEXUAL BEHAVIORS AND HEALTH-RELATED OUTCOMES

### SEXUAL ACTIVITY

Early sexual activity is associated with negative effects on social and psychological development.<sup>35</sup> Age at first intercourse and number of sexual partners are associated with increased risk for unwanted pregnancy and STDs, including HIV infection.<sup>36</sup> Alcohol and other drug use may serve as predisposing factors for initiation of sexual activity and unprotected sexual intercourse.<sup>37</sup>

Sexually active teenagers contract 25 percent of all new STDs each year.<sup>38</sup> Each year, there are approximately 19 million new STD infections in the United States, and almost half of them are among youths ages 15 to 24.<sup>39</sup> An estimated 38,490 young people in the United States have received a diagnosis of AIDS. They account for about 4 percent of the 929,985 total estimated AIDS diagnoses.<sup>40</sup> In 2000, 73 percent of senior high schools taught HIV prevention education in a required health education course.<sup>41</sup>

### RELATED NATIONAL HEALTH OBJECTIVES FOR THE YEAR 2010

25-11 Increase the proportion of adolescents who abstain from sexual intercourse or use condoms if currently sexually active to 95%.

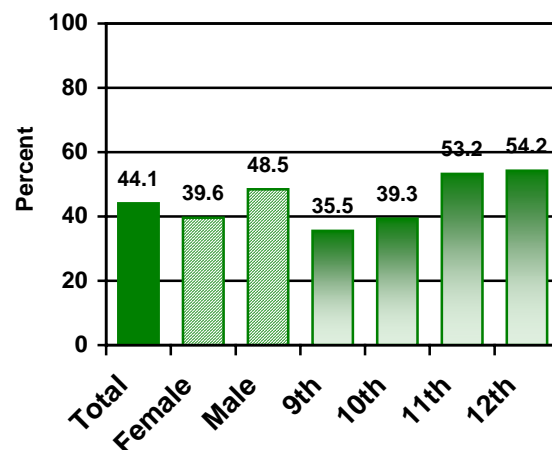
Response to the survey items that measure the prevalence of sexual activity, number of sexual partners, age at first intercourse, alcohol and drug use related to sexual activity, condom use, and whether students have received HIV education can be seen below.

Percentage of students who have ever had sexual intercourse:

Nationwide, 46.7% of high school students have had sexual intercourse at least once in their lifetime.

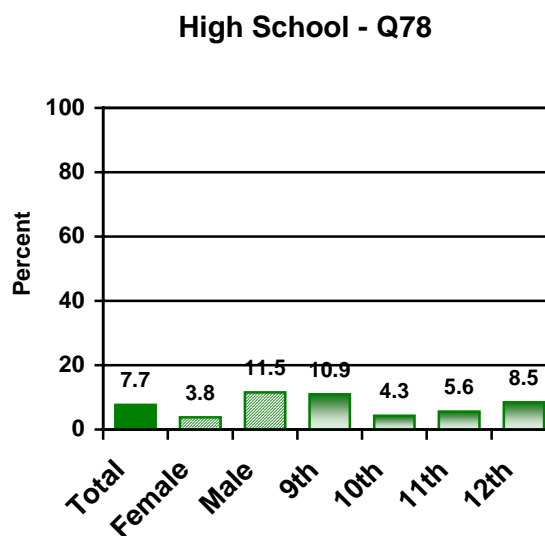
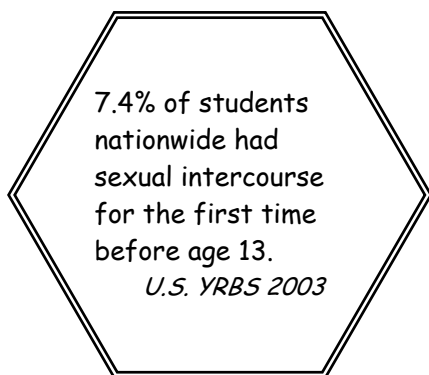
United States YRBS, 2003

High School - Q77

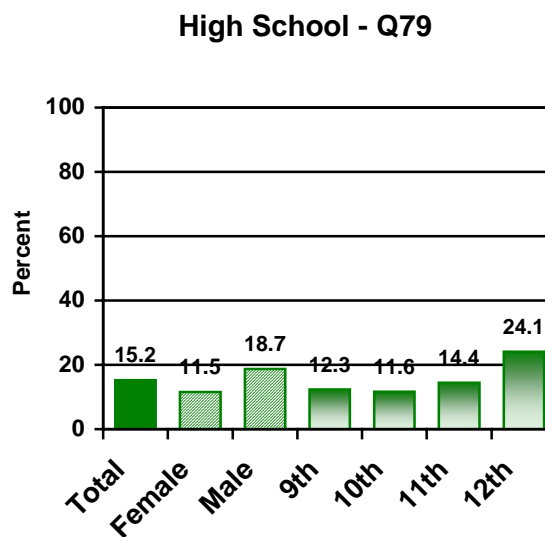
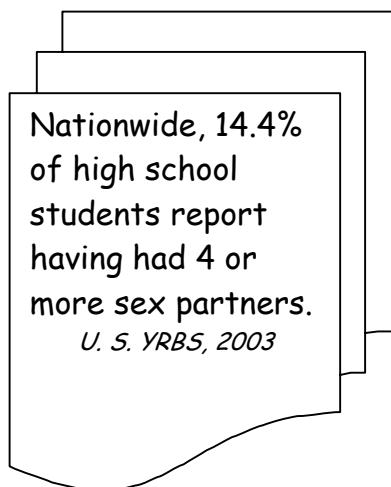


## 2003 Nevada YRBS

### Percentage of students who had sexual intercourse for the first time before age 13:

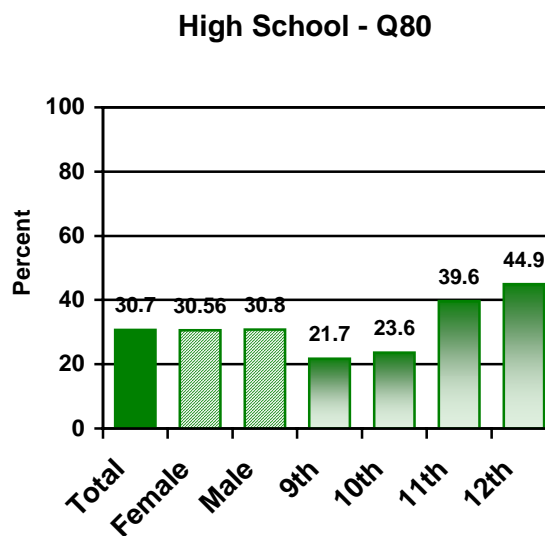


### Percentage of students who had sexual intercourse with four or more people during their life:



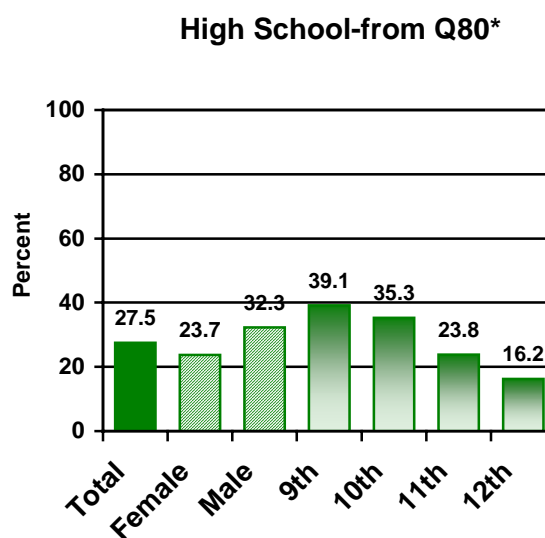
## Percentage of students who have had sexual intercourse during the past 3 months:

Approximately one third of students nationwide (34.3%) are currently sexually active.  
*U. S. YRBS, 2003*



## Percentage of students who have ever had sexual intercourse but have not had sexual intercourse during the past 3 months:

72% of girls and 55% of boys who are sexually active wish they had waited until they were older.  
*Nevada Kids Count Book 2001*



\*calculated variable

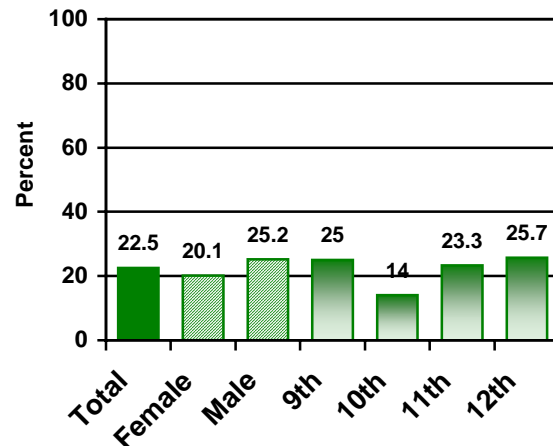
## 2003 Nevada YRBS

Of students who have ever had sexual intercourse, the percentage who drank alcohol or used drugs before they had sexual intercourse the last time:

Sexually active teens who average 5 or more drinks daily are 3 times less likely to use condoms.

National Campaign to Prevent Teen Pregnancy  
March 2002

High School - Q81

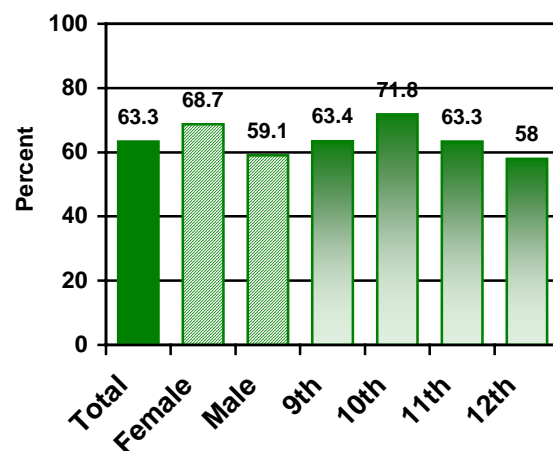


Of students who have ever had sexual intercourse, the percentage who used or whose partner used a condom the last time they had sexual intercourse:

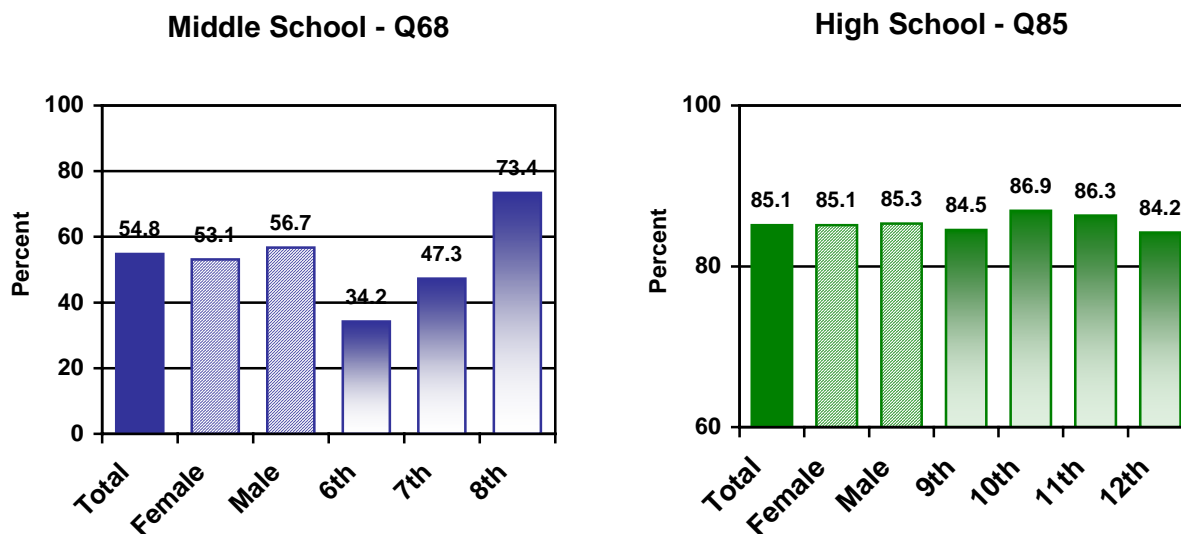
Among currently sexually active students nationwide, 63% report that either they or their partner had used a condom during last sexual intercourse.

*U.S. YRBS, 2003*

High School - Q82



## Percentage of students who were ever taught about AIDS or HIV infection in school:



## PREGNANCY

Pregnancies that occur during adolescence place both mothers and infants at risk for lifelong social and economic disadvantages.<sup>35</sup> High teen birth rates are an important concern because teen mothers and their babies face increased risks to their health, and their opportunities to build a future are diminished. About 11 percent of all U.S. births in 2002 were to teens (ages 15 to 19). The majority of teenage births (about 67%) are to girls ages 18 and 19. About 860,000 teenagers become pregnant each year, and about 425,000 give birth.<sup>42</sup> Despite the recently declining teen pregnancy rates, 34 percent of teenage girls get pregnant at least once before they reach age 20.<sup>43</sup> At this level, the United States has the highest rate of teen pregnancy in the fully industrialized world.<sup>44</sup>

## RELATED LEADING HEALTH INDICATOR

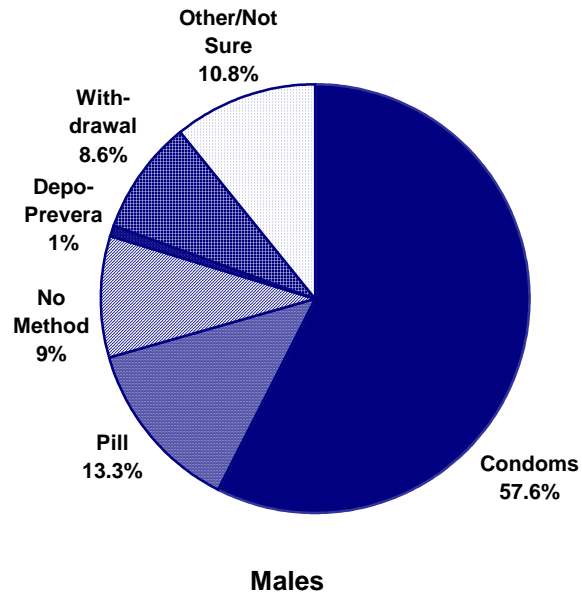
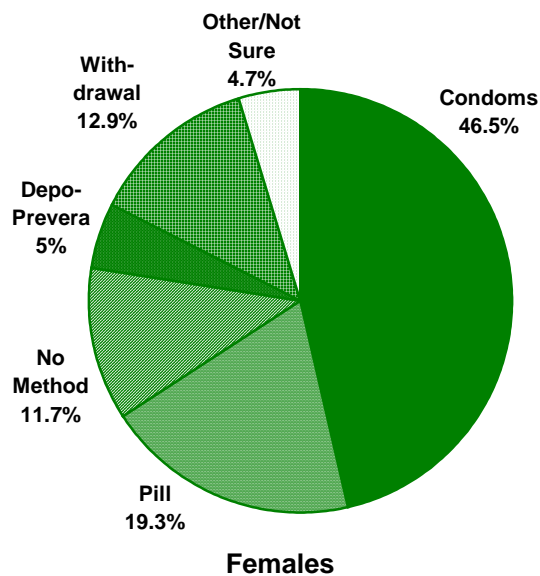
Responsible sexual behaviors

Response to the survey items that measure types of contraceptive use and identify whether a student has been pregnant or has gotten someone pregnant is summarized on page 48.

## 2003 Nevada YRBS

Of students who ever had sexual intercourse, the percentage using various types of birth control methods the last time they had sexual intercourse:

High School-Q83



Percentage of students who have ever been pregnant or gotten someone pregnant:

High School - Q84

